

INGLEBOROUGH HALL

22ND MAY - 24TH MAY
2024

TIMINGS

Departure/Arrival (times are approximate)

Tuesday 22nd May 2024

Leave school promptly at 9:15 am

Arrive at Ingleborough Hall 10:30am ish

Friday 24th May 2024

Leave Ingleborough Hall at 4:00 pm

Arrive at school: 5:40pm



ACCOMODATION



Ingleborough Hall Outdoor Education Centre, Clapham, North Yorkshire,
LA2 8EF
Tel: (015242) 51265



STAFF FROM SCHOOL

The activities will be run by qualified members of staff from the centre, first aid trained and DBS checked. Three members of school staff will also be accompanying the children:-

- Mr Barker
- Miss Barnes
- Mrs. Allsopp

KIT LIST

Towels x 2 (small and large)

- Soap & face cloth
- Toothpaste and brush
- Toiletries eg, shampoo, shower gel, deodorant – no sprays
- Brush/comb
- Lip cream – for chapped lips
- Sun-cream
- Midge repellent – can be useful during May
- Nightwear
- Underwear
- Socks
- Shirts/blouses/tee-shirts
- Jumpers/sweatshirts – warm ones
- Track pants / trousers – for through the day
- Jeans – evening only
- Shorts – nylon ones are best
- Thick warm socks – to be worn with boots and wellingtons. Wool / nylon loop stitch are ideal. 'Trainer' socks to be avoided.
- Slippers / indoor shoes / trainers
- Swimwear – great as underwear for wet activities
- Headwear – woollen / fleece hat for warmth, plus a sun hat that offers protection to ears and back of the neck.
- Gloves – woollen or synthetic 'ski-type' are best
- Coat/Hoodie
- Bin liner for wet, dirty clothes to take home
- Name tags – all clothes to be named
- Small games/comic etc

Medicines – if required

ACTIVITIES

Cave	Orienteer / Geo-cache	Gorge Scramble
BATZ / Campfire	BATZ / Campfire	BATZ / Campfire
Norber Phototrail		Cave
Orienteer / Geo-cache	Gorge Scramble	Norber Phototrail
Tunnels / Nightline	Tunnels / Nightline	Tunnels / Nightline
Gorge Scramble	Cave	Orienteer / Geo-cache
Show cave #1400	Show cave #1400	Show cave #1400

Activities

The activities that we are undertaking include:

- **Gorge scramble**
- **Orienteering /Geo-Cache**
- **Tunnels/Nightline**
- **Caving**
- **Ingleborough walk (including Gaping Gill)**
- **Show cave**
- **Campfire**

ACTIVITIES



MEDICAL AND FORMS

Please complete the medical form we give you fully.

Please give all your medicine to Mrs. Allsopp when you arrive at school on Wednesday morning, we will ensure she is in the hall. This is also where your bag will be kept and stored until the coach arrives and we depart.

EXTRA INFORMATION

- Dorms
 - Behaviour
 - Food
 - Items from kit list to talk about
 - Parent contact
 - Medical
 - Questions / concerns
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